



Prayer Progression at St Joseph's RC Primary

Ways to start a prayer

Reception

Loving... God/Father/Lord

Holy... God/Father/Lord

Kind... God/Father/Lord

E.g. Loving God, Holy Father, Kind Lord

Year 1

Almighty... God/Father/Lord

Heavenly... God/Father/Lord

Merciful... God/Father/Lord

E.g. Almighty Father, Heavenly God, Merciful Lord

Year 2

Loving... God/Father/Lord

Almighty

All powerful

Creator

Divine

Everlasting

Heavenly

Healing

Holy

Kind

Merciful

Faithful

Creator

Saving

Compassionate

Understanding



Eg.

Almighty and Everlasting God....

Compassionate and Understanding Lord

LKS2

Continue to use their learning from Rec to Y2 and also –

God/Father/Lord of all...

Creation

Healing

Justice

Mercy

Trust

Refuge

Peace

Comfort

Consolation

Compassion

Forgiveness

Light

The Earth

Wisdom

Power

Might

Eg.

God of all compassion

Lord of all light

Father of all Creation

UKS2

Years 5 and 6 will continue to use all of the above words and titles, but they will begin to expand their opening and match it more appropriate to their prayer.

E.g.

Father of all Comfort and Consolation...

God of all Justice and Peace...



Lord of all Wisdom and Power...

Progression in the types of prayer writing

Reception

Repeated prayer – say three times

The prayer will focus mainly on the child and their family.

Year 1

Reception learning plus -

Circle prayer

E.g. one phrase such as 'Jesus I am sorry for...' and all children (or chosen few) say and finish the sentence

Writing scaffolds of this type of opener within provision for children then to write their prayer

The prayer will focus mainly on the child and their family.

Year 2

Reception and Y1 learning plus -

Circle prayer

E.g. one phrase such as 'Jesus I am sorry for...' and all children (or chosen few) say and finish the sentence

Writing scaffolds provided to support children's prayer writing (using prayer openings which have been developed as above).

The content of the prayers will show an awareness of the wider world beyond the child and their family.

LKS2

Reception, Y1 and Y2 learning plus –

Psalm Prayers – developed as a whole class prayer. Provide a line from a psalm that they then complete independently. Bring all the children's together to create a class psalm prayer.



Simple Prayers of the Faithful

We pray for that

Lord in your mercy... hear our prayer

Response Prayer – e.g. The response is: Loving Lord look after them.

For people who are sad. Response: Loving Lord look after them.

For people who are homeless. Response: ...

UKS2

Reception, KS1 and LKS2 learning plus –

Psalm Prayers – provide an initial opening line from a psalm for the children to use as a scaffold. They then write further lines in the same style.

E.g.

A pure heart create for me O God

Help me to be a kinder friend.

A pure heart create for me O God

Help me to be more focused in my school work.

This will then develop to the children choosing a line themselves from a psalm and then continuing the psalm in that style.

Prayers of the Faithful – these will now reflect a greater understanding of the wider world and be more specific e.g.

Y3 / Y4

We pray for the sick that they get well soon.

Lord in your mercy... hear our prayer

Y5 / Y6



We pray for sick children in our local hospital that they recover quickly and are able to return to school and normal life.

Lord in your mercy... hear our prayer

Response Prayer – building on from the scaffolded response prayers that they have experienced in LKS2, the children will begin to think of their own responses and then create a prayer from this in the style of a response prayer as detailed above.

You...Who...Do...Through

The pinnacle of prayer writing.

Initially in Y5 this should be modelled and written together. Gradually the children can start to write their own You, Who and Do. Then in Year 6 the concept of a Trinitarian ending, explaining the meaning of this and then modelling this so that they can then do this independently.

- **You** (Address God eg 'Almighty Father')
See separate sheet...'Ways to start a prayer.'
- **Who** (An attribute of the wonders of God eg 'Who created the world and all it's wonders')
- **Do** (Ask for petition eg 'Help us to respect and care for the nature around us.')
- **Through** (Bring to an end eg 'We ask this through your Son and the Holy Spirit who live and reign for ever and ever, Amen.')

Daily Prayers

From Reception our daily school prayers must be learnt and said each day –

Morning Offering

O my God I give to you all that I think and say and do.
All my work and all my play I will give to God today.

Amen



Grace Before Meals

Bless us oh Lord,
As we sit together,
Bless the food we eat today,
Bless the hands that make the food,
Bless us oh Lord.
Amen

Grace After Meals

Thank you God for the food we have eaten.
Thank you God for all our friends.
Thank you God for everything.
Amen

Home Time Prayer

Thank you God for a lovely day,
For all our work and all our play,
Help us Jesus to be like you,
In everything we say and do.
Amen

Prayers of the Church (to pray)

Reception

Sign of the Cross

Hail Mary

Morning offering

Grace before Meals

Grace after Meals

Home time prayer



Year 1

Our Father

Year 2

Glory Be

Glory Be Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end, Amen.

Year 3

Eternal Rest

Eternal rest, grant unto them O Lord and let perpetual light shine upon them. May they rest in peace. Amen.

Act of contrition

O My God, because you are so good

I am very sorry that I have sinned against you.

And with the help of your Grace.

I will not sin again.

Year 4

I Confess

I confess to Almighty God and to you my brothers and sisters that I have greatly sinned , in my thoughts and in my words, in what I have done and what I have failed to do, through my fault, through my fault , through my most grievous fault; therefore I ask Blessed Mary ever Virgin, all the angels and saints and you my brothers and sisters to pray for me to the Lord our God.

Year 5

Prayer to the Holy Spirit When prayed in group, responses are in italics. Children learn responses off by heart, but take turns to lead on reading the rest of the prayer.

Come Holy Spirit, fill the hearts of your faithful *and enkindle in them the fire of your love.*

Send forth your Spirit and they shall be created. *And you shall renew the face of the earth.*

Let us pray. O God, who has taught the hearts of the faithful by the light of the Holy Spirit, grant that by the same Spirit we may be truly wise *and ever rejoice in his consolation, through Christ our Lord.*

Amen.



Year 6

Angelus

Prayed daily at Noon (traditionally).

In a group, responses are in italics. Children to learn the responses only. The final prayer will be read.

The angel of the Lord declared unto Mary. *And she conceived of the Holy Spirit.* Recite the Hail Mary

Behold the handmaid of the Lord. *Be it done unto me according to thy word.* Recite the Hail Mary

And the Word was made flesh. *And dwelt among us.* Recite the Hail Mary

Pray for us, O holy Mother of God, *that we may be made worthy of the promises of Christ.*

Let us pray.

Pour forth, we beseech thee O Lord, thy grace into our hearts, that we to whom the incarnation of Christ, thy Son, was made known by the message of an angel, may by his passion and cross be brought to the glory of his resurrection, through the same Christ our Lord. Amen.

The Rosary- In May and October the GIFT Team lead each class in praying a decade of the Rosary.

Silent prayer / meditation

Reception and KS1

Read a piece of scripture, ask them to think about an aspect of the scripture – Reception and Year 1 for 20 seconds, Year 2 for 30 seconds.

Silent prayer – sign of the cross, prompt from teacher (think about how you have used your kind hands today to do God's work), silence for 20 / 30 seconds.

Video / Music / Piece of art work – prompt to contemplate in silence.

KS2

Lectio Divina –

Lectio

Meditatio

Oratio

Contemplatio

Daily Examen – how have I done today? Have I walked in Jesus' footsteps, how? When? Have I said and done the right things? Is there something more I could have done or said?